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## Breakfast Menu

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### On the Lighter side

**Bircher muesli** with berries, honey & natural yoghurt \$12

**Fruit Salad** with natural yoghurt & honey \$9.5

**Maple & malt toasted muesli**, fresh berries, natural yoghurt topped with chia seeds \$13

**Pearl Barley Porridge** with banana & honey \$12.5

**Smashed avocado** on soy linseed toast with soft poached egg, grilled bacon, haloumi & tomatoes \$15.9

**Free range eggs on toast**, cooked your way \$9

**Toast** \$5

Sonoma sourdough (soy linseed, white sourdough), Turkish, rye, fruit toast  
Condiments: homemade triple berry jam, peanut butter, vegemite, honey

### Touch more

**Zucchini & quinoa fritters**, poached eggs, smoked salmon, smashed avocado, baby herbs \$18

**Big Breakfast:** eggs, grilled bacon, sausage, mushroom, roasted tomato, house potato & corn hash, homemade beans & toast \$22.9

**Vegetarian Breakfast:** eggs, mushroom, spinach, avocado, roasted tomato, haloumi & toast \$20.9

**3 Eggs Omelette with toast** (choice of 3 fillings)

Ham, mushroom, cheddar, onion, avocado, salmon, roasted capsicum, feta, basil, tomato \$16

**Pork & Veal Breakfast Rissoles**, with chipotle lime scrambled eggs, avocado salsa, sourdough toast \$19

### Sides

Avocado \$3.5

Bacon, sausages, mushroom, slow cooked Roma tomato, baby spinach \$4

Homemade beans \$4.5

House potato & corn hash, smoked salmon, haloumi \$5

Gluten free bread available – extra 50¢